

Tasty Tuesday Activity Idea

"Foodie Faces" Snack and Storytime



Activity: Read "Foodie Faces" by Bill and Claire Wurtzel

In this activity, engage children in storytime by reading "Foodie Faces." While reading, point out the different foods that they see and the different emotions that are depicted in each picture.



Activity: Edible Creations

In this activity, children will pick items that they would like to use to create their own edible face! For younger children, fruit should be pre-cut and washed. Older children can help to cut the produce. Children can use a paper plate, reusable plate, or a placemat to make their faces. Once children finish their creations, they can eat their art!

For Infants: Allow infants to explore a fruit at the high chair. Infants will be able to explore the textures, and taste of the produce.

Suggested Items

- Mangoes ● Cucumbers
- Oranges
- Strawberries ● Kiwis
- Apples ● Bananas
- Oranges ● Blueberries
- Bell peppers ● Spinach
- Romaine Lettuce

Questions to Ask During the Activity

1. What fruits and vegetables did you see in the book?
2. Do we see any on the table? Which one do you see?
3. Do you think you can create a picture like the ones that we saw in the book?
4. What would you like to make with your fruits and vegetables?
5. How do you think your art will taste?
6. How do you feel as you make your art? Are you happy like the pictures in the story?